The fluoride fraud is crumbling: FDA finally confronts decades of poison pills peddled to children

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For decades, American parents have been fed a lie, a carefully constructed narrative that swallowing fluoride is a safe and effective way to build strong teeth. This public health dogma, pushed with religious fervor, has infiltrated our water supplies and our medicine cabinets, convincing doctors to prescribe a cumulative toxin to infants. What if the entire foundation of this practice was not just weak, but built on a foundation of corporate deceit

and willful ignorance of science? The curtain is finally being pulled back. In a landmark move, the U.S. Food and Drug Administration (FDA) is now taking action against companies selling unapproved fluoride supplements for young children, a tacit admission that we have been poisoning our most vulnerable for generations.

Key points:

- The FDA is cracking down on unapproved prescription fluoride supplements for children under 3 and those at low to moderate risk of tooth decay.
- The agency publicly admitted it has never reviewed or confirmed the safety and efficacy of ingesting fluoride, despite decades of use.
- This action follows a growing body of evidence linking ingested fluoride to dental fluorosis, reduced IQ, and thyroid problems.
- Fluoride supplements were grandfathered into the market without the rigorous safety testing required for modern drugs.
- The decision challenges long-held policies of organizations like the American Dental Association, which has recommended fluoride for babies as young as six months.

A legacy of industrial waste and scientific manipulation

To understand the significance of the FDA's move, one must first understand the origins of the fluoride myth. Fluoride is not a harmless nutrient; it is a toxic by-product of the aluminum, steel, and phosphate fertilizer industries. In the 1920s and 30s, the cost of disposing of this industrial waste was high. The solution, concocted by industry-insiders, was to repurpose this poison as a public health miracle. How does a toxic waste product suddenly become a dental panacea? The answer lies not in sound science, but in masterful public relations.

Oscar R. Ewing, a long-time lawyer for ALCOA, the aluminum giant, was appointed head of the Federal Security Agency, which oversaw the U.S. Public Health Service. Under his watch, a national campaign to fluoridate water began, spearheaded by Sigmund Freud’s nephew, Edward Bernays, who pioneered the "engineering of consent" through the manipulation of public opinion. The strategy was simple: repeat the lie that fluoride is safe and effective loudly and often, while attacking the character of any who dared to question it.

The mounting evidence of harm

While the public relations machine churned, the scientific evidence of harm continued to mount, ignored by health agencies for years. The FDA's recent scientific evaluation, published

in October, finally conceded that these ingestible drugs offer limited benefits and pose real risks, including dental fluorosis and potential effects on cognition. This is a stunning reversal. A 1989 study by the National Institute for Dental Research found that 12% of children in fluoridated areas developed dental fluorosis, a permanent discoloration and brittling of teeth. In areas with naturally occurring 4 parts per million (ppm) fluoride, up to 23% of children develop severe dental fluorosis, with some teeth actually crumbling.

Science journalist Daniel Grossman once highlighted the unique danger of fluoride, noting, "While many beneficial chemicals become dangerous at excessive levels, fluoride is unique in that the amount recommended by dentists to prevent cavities is roughly the same as what causes dental fluorosis." Furthermore, studies have consistently linked fluoride to brain damage and reduced IQ. A landmark review published in JAMA Pediatrics in January confirmed that early fluoride exposure was linked to lower IQ scores in children. It is a neurotoxin, and we have been adding it to our water and feeding it to our babies.

A new era of accountability and protection

The FDA's action, while limited, represents a seismic shift. By stating that fluoride supplements should not be given to children under three, the agency has officially acknowledged that the youngest and most vulnerable should not ingest this substance. Stuart Cooper, Executive Director of the Fluoride Action Network, which petitioned the FDA a decade ago, called this "a major victory and a significant step in the right direction."

This decision pulls the rug out from under the American Dental Association and the American Academy of Pediatrics, which have continued to recommend these unapproved, unsafe drugs. U.S. Health Secretary Robert F. Kennedy Jr. stated the move drives "a stake through the heart of outdated science." For the first time, a federal agency is prioritizing modern science over decades of corporate-driven propaganda. The question now is, when will this same protective logic be applied to the forced fluoridation of public water supplies? If it is not safe for a two-year-old to swallow a fluoride pill, why is it safe for that same child to drink fluoridated water every day?

The dam of deception has broken, and the truth about this poisonous fraud can no longer be contained.

Sources include:

ChildrensHealthDefense.org

FDA.gov

FluorideAlert.org

Enoch, Brighteon.ai

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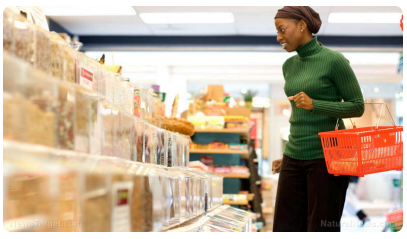

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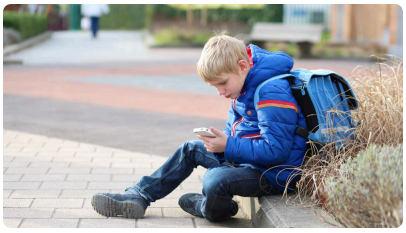

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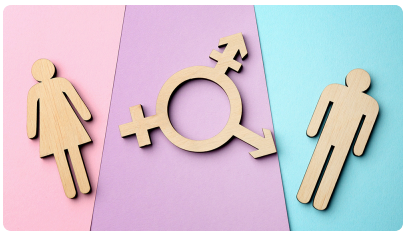

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